

# How to Give Hope

We are all hope-based people. You should think of these 10 steps like a recipe; try them one at a time and then adjust to suit your own taste and personality. Use them, fine-tune them to fit your personality, make them your own.

## Hopeful Assumptions

Our initial, out-of-the-gate assumption is to be positive, seeing them as valuable.



1

## Hopeful Acceptance

We are all equal; no better, no worse.



2

## Hopeful Listening

When we listen, without saying a word we loudly tell them that they are important.



3

## Hopeful Posture

When you listen with your entire self, you go all out at telling people that they are important to you.



4

## Hopeful Steps

It's going to take small steps, taken one at a time, over time.



5

## Hopeful Action

Hope is built one stone at a time, one action at a time.



6

## Hopeful Appreciation

This is placeholder text. Write something interesting here!



7

## Hopeful Questions

A good question is worth ten great answers.



8

## Hopeful Direction

Do not underestimate the power and effect of pointing someone in the right direction.



9

## Hopeful Connection

Where you run to when your hope tank runs low.



10

National Day of



HOPE